



T H E

NEW

# FILMORE

Volume 2

Number 1

May 1987



Photo-Tom Gibbons

- ▶ First Anniversary Issue!
- ▶ Tony Duquette's Pavillion for St. Francis
- ▶ 2000 Post--A Space Odyssey





The "Ish" family aka *New Fillmore* staff.  
L-R Gary Sugiyama, Anne Coffelt,  
Carol Tolbert, David Ish, Ginny Lindsay  
(Kathi Wheeler not shown)

# THE INSIGHT FILLMORE

by Anne Coffelt

# HAPPY 1ST BIRTHDAY TO THE NEW FILLMORE



## Do you feel the *New Fillmore* is accomplishing what a neighbor- hood paper is truly all about?

The fact that this is the 13th issue of the paper may explain why, for the first time in history, the intrepid Inquiring Photographer committed a serious *faux pas*. The result of which is called Double Exposure. My colleagues lauded the artistic quality, but the interviews had to be scrapped. My sincere apologies to: Susan and Craig Bashel of the Pacific Heights Bar and Grill; Bill Bates, cartoonist; La Monte H. Mays, local Sales Rep from GTE and Reggie Pettus of the New Chicago Barber Shop, all of whom spent time to respond. Mildred Burrell appears because I thought she'd be amused to know that she was superimposed over Tony Duquette.

### William Witte

Executive Director  
Mayor's Office of Housing  
& Economic Development  
Resident: Pine at Steiner

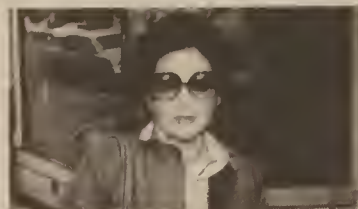


"I think the *New Fillmore* is great, it brings an identity to the community and a cohesiveness, so that people care about each other more. I think the paper's been a real boon, I hope it continues. I've seen what other papers have done in neighborhoods, they're good, they get listened to and they serve as good forums in advising people as to what's going on as well as providing a means for people in the neighborhood to communicate with City Hall. In my work, some of the things we do, have an affect upon the neighborhood. For example, we financed the new Winterland apartments at Post and Steiner and we also work with small businesses like the Fillmore Street Merchants, a great deal. So I have both a professional and a personal interest in all this.

I'd like to see the paper not only continue its' breezy lifestyle, what's happening articles, but also take positions and say 'this is going on and the neighborhood ought to be concerned.' It's done some of this and should continue to advocate important issues."

### Louise Osada

Volunteer, Kimochi, Inc.  
1581 Webster Street  
Resident: Pine at Fillmore



"I have to be honest, I don't read every issue, I just thumb through the paper. I should pay more attention and I will, but I think the *New Fillmore* is interesting and quite good at keeping everybody up to date on what's going on in this area. I've lived in the neighborhood for thirty years, so I've seen a lot of changes here, I really have. Fillmore Street is getting like Union Street and I think that's very good. All these new stores and the variety they offer is great and attracts more people to the neighborhood. But I don't want to see any more bars in the area. I also feel safer now, because there's more people walking out on the street."

### Mildred Burrell,

Owner, proprietor,  
Another Way Thrift Boutique  
1661 Fillmore  
Vice-President,  
Fillmore Merchants Assoc.



"I think the paper is great, but it needs to be extended down Fillmore Street, because we have new businesses opening up all the way down. So if you are going to introduce Fillmore you're going to have to go as far as Fulton Street, which is the southern boundary line for the Fillmore Merchants Association and we're going to maybe open up all the way through the whole Fillmore. We want to make all the shops known to everybody and we want to welcome everybody to the New Fillmore."

### Barbara Corff

Graphic Artist  
Resident: California  
at Fillmore



"It's a wonderful guide for the neighborhood. It's great to be able to see what's around and what's happening. I also really like the Crime Watch column. It makes you more aware of the total community instead of just your street. I also like the ads, so I can tell when all the great stores are having sales, I can just walk out the door, since I'm only a half a block from Fillmore. Editorially, I think some of the stories stir up controversy and give you something to talk or think about. I think the paper could be expanded to include interviews with merchants and discovering what their philosophies are and what they are doing. I love the interviews with people who both work on their own and live in the neighborhood, I think you can do more of that."

## FACES & EVENTS IN THE FILLMORE



Historic joint venture b/w Pacific Hgts.  
& Fillmore Merchants in planning for  
the popular Fillmore Street Fair.



The Fillmore Street Fair. Can you wait  
till the next one???



WANA community meeting at St.  
Dominic's To Lab or not to Lab?  
UC vs Laurel Hgts citizen's groups.



The finally, finally opening night of  
Harry's Bar, starring Harry Denton and  
his bevy of beauties.



November's Supervisors' race saw Angela  
Alioto take a break from canvassing for  
votes, to trade Italian recipes with Max  
Cologna of the Bi-Rite.



## Community news briefs and not-so-briefs

### St. Rose Academy celebrates 125th Anniversary May 7

St. Rose Academy of San Francisco commemorates its 125-year anniversary as a girls' independent high school on Thursday May 7, and the public is invited to attend the ceremonies.

A solemn Mass at St. Dominic's Church will be celebrated by Archbishop John F. Quinn at 4 p.m., and will be followed by an open-house tour of the neighboring school and a champagne reception at the school's Rose Court. Donation is \$25 per person for the reception where pianist Peter Mintun will perform.

St. Rose Academy, now in an imposing structure at Pine and Pierce streets, began life in a one-room wooden school house on Brannan Street in downtown San Francisco when the Dominican Sisters of San Rafael opened the doors of what was then called St. Rose Convent on May 7, 1862. There were 100 students - girls and boys - ages 6 to 16.

Later, the school changed its location three times, moving westward with the city's growing population. The "Convent" was changed to "Academy" in 1878.

The school's doors opened at the present Pine Street site in January 1906 - a year that saw another historic event in San Francisco. Fortunately, St. Rose Academy survived the earthquake and fire with only minor damages, and classes were held soon after the disaster. Still, such was the effect of the catastrophe that

### Sherith Israel joins blood drive May 29

Irwin Memorial Blood Bank and Congregation Sherith Israel are combining efforts in a Blood Drive to take place on Friday May 29. Facilities will be set up in the synagogue's Bart Hall, 2266 California Street at Webster, from 4 p.m. to 7:30 p.m. The community at large is encouraged to participate in this all-important Gift of Life.

To schedule a donor appointment, call 346-1720 and ask for Jerrine. Total donation time will be approximately 45 minutes.

### An Evening with Joseph Cotten at Kabuki May 4

Joseph Cotten will make a personal appearance at the Kabuki 8 Cinema at Post and Fillmore at 7 pm Sunday evening May 4th as part of the San Francisco Film Festival's Off-Stage and On Series.

Mr. Cotten, whose 40 plus year film career includes roles in *Citizen Kane*, *The Magnificent Amberson*, *Portrait of Jennie*, *The Third Man* and *Shadow of a Doubt*, will share some of his experiences in a brief conversation preceding a screening of *Shadow of a Doubt*.

The actor will also be available at the conclusion of the film to sign autographs.



Christine Collins, St. Rose Alumna, Dr. Albert Shumate of the California Historical Society, and Maryanne Murray, the school's development director, collaborating on an historical display for the 125th Anniversary of the school May 7. Dr. Shumate's mother graduate from St. Rose.

a tradition was born of it - no fires have ever been lit in any of the school's five fireplaces.

Classes in the first years of the 20th century ranged from orthography to Latin to rhetoric to

chemistry to needlework. Classes in the 80's are totally college preparatory - with room for some elective subjects, such as aikido, calligraphy and dancercise.

Continued on page 11

### Neighborhood playwright does theater for lunch

Will Dunne, a playwright who lives in the neighborhood on Sacramento Street, is having one of his plays produced for several lunch time performances as part of the general Golden Gate Bridge Celebration.

The play, fittingly enough called "The Bridge," opened last year at the Zephyr Theater and received a four star review from San Francisco Examiner critic Barbara Shulgasser who also named it one of the best works of 1986 in her year end wrap-up.

The off-beat one-acter explores the night life

of Harry Tripp, a bridge toll-taker, and is directed by Maria Mazer, and features Michael Vincent, Kathleen Gerard, and Bill Monihan.

The Golden Gate Celebration run entails six consecutive lunch time performances from Monday May 18 through Saturday May 23 at 12:15 pm at The City Cabaret. There is no charge for admission. Doors open at 11:30 am, and box lunches and refreshments are available for purchase.

Anyone needing further information can call 929-7555.

### Eriksons speak on aging at Laurel Heights May 3

Renowned psychoanalysts Erik and Joan Erikson will discuss developmental issues of aging on Sunday May 3, from 2 until 5 p.m., at the UCSF/Laurel Heights Conference Center at 3333 California Street.

"An Afternoon with the Eriksons" is a special presentation of the Langley Porter Psychiatric Institute/UCSF Alumni Faculty Association. Robert S. Wallerstein, M.D., UCSF professor of psychiatry, will moderate the program. A reception will follow the presentation. Tickets

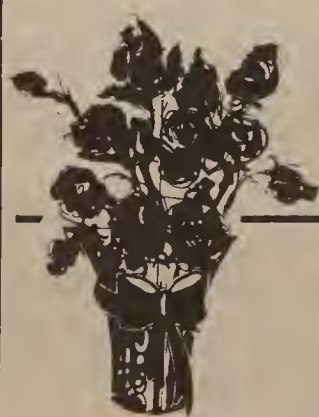
are \$30 for members of the association and \$35 general.

The Eriksons recently co-authored with Helen Kivnick the book VITAL INVOLVEMENT IN OLD AGE, which describes developmental issues of aging. The book will be available for purchase, including a limited number of autographed copies.

For ticket information call 476-7474.

### THE NEW FILLMORE

The New Fillmore is published monthly from Box 343, 2443 Fillmore Street, San Francisco, CA 94115. Tel. 931-0515. (You should see the size of the box!) David Ish, Editor and Publisher, Ginny Lindsay, Art Director, Carol Tolbert, Production Supervisor. We warmly welcome letters to the editor, articles, fiction, poetry and notions. All submissions, whether real or imagined, must be either about something happening in the neighborhood (or at least partially set in the neighborhood if it's fiction) or written by someone living here.



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## Clinton Chevron's Car Care Tips

by Jane Clinton

### Shopping for a good shop

Several times in my articles I have advised you to seek professional help, but where and how do you find good repair service?

You can always check the yellow pages for a repair shop near you, but you might be better off asking your friends and neighbors for a referral, then tell the repair shop who sent you to them. They will try harder to please you.

In any case, drive in and talk with the service manager about your car problems. Check the cost of various repairs, hourly labor rates and time required to complete repairs. While you are talking do a visual inspection of the service area. Is it clean and well organized? Is the business equipped with modern diagnostic and testing equipment, are employees reasonably well groomed for the type of work they are doing, and does the shop guarantee work? Does everyone seem helpful and courteous?

When you feel comfortable with the service you have chosen and are ready to do some repairs, phone for an appointment if possible. Get to the shop as early as possible, bringing a list of things you want repaired or serviced. Describe the symptoms as accurately and in as detailed a fashion as you can, telling what the car is doing, when it is doing it, where the noise is coming from, and how the car feels.

When you leave your car you should have a copy of the work order that was prepared describing services to be performed, an estimate of the cost, the speedometer reading, license number, an indication that you would or would not like to keep the old parts, and your telephone number. Be sure to indicate the time you wish to pick up your car. If possible, phone before coming to pick up your car to make sure that it is ready.

If there are any problems after the repair service, return as soon as possible for correction. Be sure to keep your maintenance records. You will need them for your warranty, and they could assist you should you try to sell your car.

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## Another Fillmore Street Scene

Another drawing from a student in neighbor Bill Shield's art class when they took to the Street last Fall to render what they saw here



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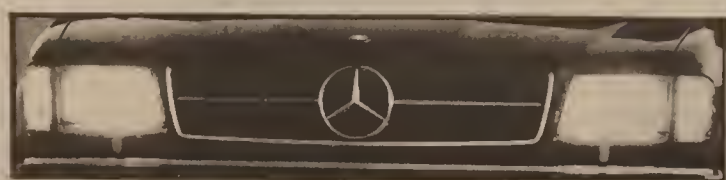
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## Community Event: celebrating a "celebratory environment."

### The Duquette Pavilion of St. Francis has its opening

A literally monumental monument to the spirit and being of St. Francis has been opened and dedicated in our neighborhood at the site of the old Jewish synagogue on Geary Boulevard between Fillmore and Steiner, next to the Old Fillmore auditorium.

April 24 marked the official opening of the Duquette Pavilion of St. Francis of Assisi, a project 2 years in the making by San Francisco conceived and Los Angeles born Tony Duquette, whose long list of prior achievements include one man exhibitions in the Louvre in Paris, the Museum of the City of New York, the Los Angeles County Museum of Art, and The Palace of the Legion of Honor and the M.H. de Young Museum here.

The \$500 a ticket black tie opening benefit, starring Duquette's god daughter, Lisa Minnelli, and collaborator Michael Feinstein, was the first official viewing of the two story Pavilion, which Duquette has dubbed a "celebratory environment" to the spirit of St. Francis of Assisi.

The tribute to St. Francis on the upper floor is presented in a play of lights, music and narration, in its entirety a current day canticle of the sun. The lights splash and play off sculptures and tapestries on the walls and gauzed-over balconies, moving through a sense of starry night, and then sunrise to sunset, supported by soft, peaceful, recursive trumpeting performed by Herb Alpert from a piece he created with Michel Colombier, and overlaid with a new poem of Ray Bradbury's narrated by Charlton Heston. All are good friends of Tony Duquette.

The Bradbury poem finds love permeating nature, much as St. Francis did. "Gravity is love," Heston declares amidst the Alpert music. "The merest atom-molecule or germs knows love within."

Tony Duquette has created the Pavilion, and the non-profit public foundation which supports it, to be a source of inspiration for visitors as to what it is possible to see and believe in, and with the hope that his own expressed largeness of scale will induce visitors to find a similar vastness of possibility within the range of their own interior set. "What we believe in is the only choice we have," Tony Duquette said in our interview.



The main room in the Duquette Pavilion. Metalwork angels look down from a balcony on either side of a 19th Century gothic restoration church. Tapestries hang on the walls below the balcony, on either side of an entranceway to an exhibit hall that includes a plastic "ice" sculpture, and wall hangings. Huge metalwork sunbursts hang overhead and above the altar of St. Francis. -Gary Sugiyama

"We can believe anything we want to. But I want people to be able to look up."

In fact it is all but impossible for a visitor to the Pavilion to look anywhere else but up as he enters the main room. The eye is drawn and the head must follow upward to an enormous overhead gold leaf and lucite sunburst noon sun at the center of the ceiling, to balconies on either side of metalwork archangels 28 feet high with their own radiant sunburst halos, and to the huge sunburst at the altar, created, above the mannequin of St. Francis robed in a harlequin of leaves, from the organ pipes of the old synagogue. It almost takes conscious

physical effort to draw the head and eye downward to examine the detail on the tapestries hanging on the walls. In getting people to look up, Tony Duquette in the St. Francis Pavilion has unquestionably succeeded.

In many ways the Pavilion seems as much a spiritual homecoming for Tony Duquette himself, as for the Saint to whom he has chosen to pay homage. The primal themes of the nature St. Francis loved, particularly the sun, have been a key motif in Tony Duquette's work since his origins as a designer of sets and interiors. Sunbursts and natural forms—including a textured wall of abalone shells that greet the visitor at the entrance way—repeat and repeat in both tapestries and metalwork throughout the Pavilion, reflecting a shared passion with St. Francis for all that arises from nature, and, in particular, "Brother Sun and Sister Moon."

Tony Duquette has called this aspect of his style "natural baroque," and into it, besides the abalone shells, he has woven some of the most unnatural of found objects, from washing machine parts to greeting card racks, as if his mind were a force of nature reclaiming the artifacts of civilization for the forest primeval. He thinks and designs on the sort of large scale that his origins in movie set design demanded. The Pavilion is a two-story, macro-collage in which he has taken much that is representative of his lifetime of work and made it a payment of tribute to St. Francis.

In addition to weaving the spirit of nature into the exhibition, Tony Duquette has also endeavored to weave in the spirit of the community, drawing on volunteers from the immediate neighborhood, as well as the surrounding City and Bay Area to participate in the conversion of the old burned out synagogue into its present form. He is particularly interested in providing young people with an



Lisa Minnelli at opening night of the Duquette Pavilion. Tony Duquette in the background confers with members of his staff. -Anne Coffelt

Continued on page 10





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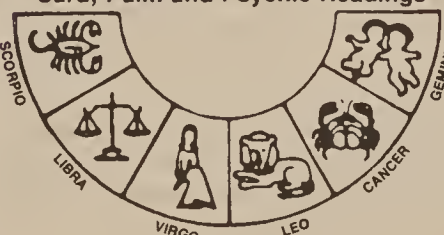
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What's happenin'?



Sean Teters, of Clean Machines, president of The Fillmore Merchants, and Geanie Conyer, of Family Spirits, pause outside the latter establishment to jawbone with State Senator Milton Marks about the New Fillmore's future. Under particular discussion is the vacant redevelopment lot on Sutter Street down from the Amelia, which merchants are eyeing as a possible sight for off the street parking. Photo courtesy KGB photo services.

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## Community in-reach: a sporting chance in the lap of luxury

### 2000 Post hosts a unique forum of sports

Creative mating. That's what you'll see on several levels if you go to 2000 Post Street every other Thursday from 5 to 7pm beginning May 14th through July 23. Because this plush new somewhat singles-oriented rental apartment complex, in order to generate interest in their 300 upscale units, has joined with the American Sports Institute to host a series of networking lectures/social events called "Athletes' Forum."

According to Joel Kirsch, President and Founder of the two year old ASI, headquartered in Kirsch's Mill Valley home, "There are all kinds of arts and business networks, but as far as we can tell there's never been one for athletes and sports enthusiasts. We want to provide an alternative to singles bars, someplace that's safe, and also offers the educational angle, on issues that are increasingly important to Americans today."

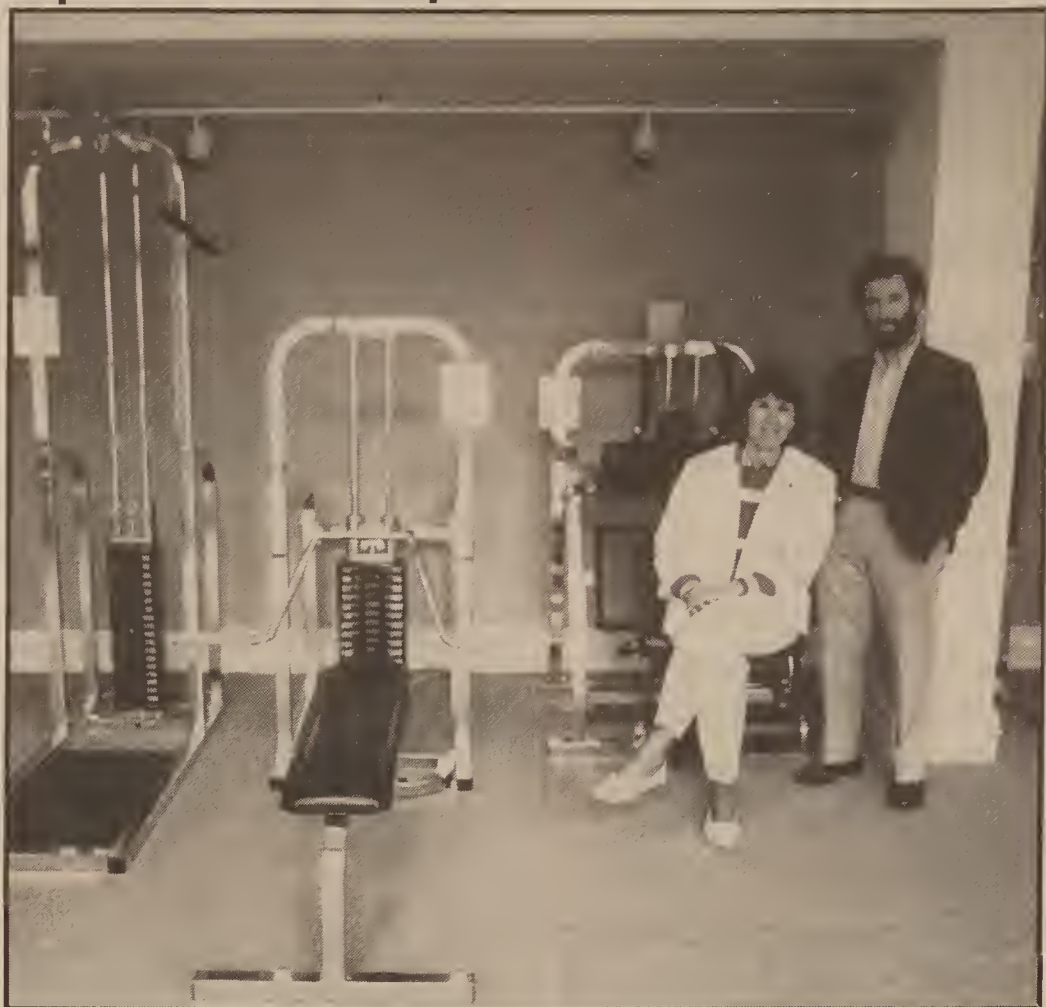
Kirsch and his wife and business partner Susan are committed to a perspective on athletics that harkens back to the Ancient Greek ideal of Arete: an odyssey of balance and integration among mind, body and spirit. For 2000 Post, it is a space odyssey—hosting the forum as one means of creating awareness of their new studio and one-bedroom apartments that are about to come into the market, joining the 100 or so that were opened last year. The sort of person interested in a Sports Forum would also seem to be their ideal tenant— a young urban professional earning anywhere from \$30,000 a year on up, and usually single. Indeed, a quick perusal of the tenant list of the already rented first 100 units yields a roster of individual names which, I am informed, consist mainly of single straight men.

Instantly I decide to attend these sports and fitness seminars.

But even without the lure of meeting lots of other active urbanites with a passion for pumping hands and iron, I would be drawn to Athletes' Forum. The combination of being able to hang out at an elaborate apartment complex in the neighborhood that would not normally be open to the public, appeals to me. And the events themselves promise to be unusual, in the sense that Joel and Susan Kirsch are structuring the topics to appeal to the intellect as well as the body.

For a total of \$5 I will get hors d'oeuvres, a no-host bar, an opportunity to meet like-minded peers, and the chance to hear fitness luminaries on these topics: "Sports as a Calling" with the advisory board of the AMI serving as sounding boards for the audience; "Maximum Power-Minimum Muscle", with Bob Brenly & Atlee Hammaker of the San Francisco Giants; "Rhythm and Going the Distance," with Joanne Ernst, World Champion Triathlete; "Floppy Disks for Peak Performance," with Jim Collins, Founder of Peak Performance and trainer for Joanne Ernst; "Dealing with Goliath: Lessons from Aikido" with George Leonard, Author, "The Ultimate Athlete" and third degree aikido blackbelt; and "Sink or Swim: Patience, Perseverance and Staying Positive," with Paul Asmuth, World Champion Marathon Swimmer. Swimmer.

It was one of those grey San Francisco mornings, where the world looks as drab as a 6th Street derelict's overcoat, when I went over to the Fitness Center at 2000 Post Street to interview the Kirschs' and get an idea of what the apartment complex is like. Never go touring on a morning like that. Everything seems worse than it really is. And though 2000 Post is still building, with an entire upper terrace yet to be landscaped with



Joel and Susan Kirsch of The American Sports Institute will be conducting an athletes' forum alternate Thursdays at the 2000 Post Street physical fitness facility. The facility, which is normally available only to residents is being opened up for a sports forum that will include some world champion athletes and players for the San Francisco Giants.

miniature hills, trees and flowers for the strolling pleasure of tenants and guests, the pool area, with its fairly minimalist landscaping of grass and trees which will look great ten years from now but still has that painful squeak of newness, seemed bleak.

Next to the long, narrow lap pool covered over forbiddingly, a little half-moon of a jacuzzi steamed invitingly, and inside the Fitness Center I was impressed with the large variety of Nautilus equipment, the well-lit, gracious space for soon-to-come aerobics and stretch classes, the exercise bikes lined up as spiffily as in any health club, and the general prosperous overtones of the environment. Clearly the management of 2000 Post is targeting the taste of their tenants, because the color scheme throughout the halls, apartment units and fitness center is of trendiest, palest lavender, cream and ice grey. I felt there should be a sign: "Red wine prohibited."

However this kind of environment does seem ideal for an expansion of events from within the microcosmic rental community into not just the Fillmore neighborhood but the Bay Area at large. And the American Sports Institute as conceived and implemented by the Kirschs' needs such an open space with the potential to attract 200-300 participants. 2000 Post Street as a home environment is obviously meant to be an apartment dwelling adventure, offering tenants a wide range of services that make them feel like they are members of a community, not simply tenants in a mass dwelling. And the Kirschs, through the AMI, hope to broaden American perspectives on what sports are all about. Says Joel, "What we are seeing now in our culture is a renaissance of classical ideals. We're trying to restore sports and physical education to their rightful place of honor among arts and intellectual areas. We think the topics we offer at these Athletes Forums are more relevant. We're not just dealing with the mechanics of sports, which often intimidates as well as bores people, but the inner dynamics of sport which

really applies to everything in life—patience, persevering, staying positive, playing the game for the joy of the play, not just for the goal. And we are planning for the participants to actively get involved in the discussions, with each speaker asking questions of the audience as well so that a dialogue of sorts is established."

"The American Sports Institute views sports and physical education as a means for challenging the human spirit," Joel continued. "We're involved in the total spectrum of sports and education from artistic and scientific as well as purely physical perspectives. We envision a time when athletics will assume a more integral and respected position than it currently holds. The body is a natural teaching instrument and learning facility. People who intergrade physical activities into their daily lives talk about the transforming power of sports. Evidence is growing that aerobic activity stimulates creative thought."

In thinking about the sorts of people who will come to Athletes Forum, Kirsch believes the events will appeal to just about anyone from skiers to joggers to weight lifters to people who simply love to walk or are fascinated with the mechanics of the body. What's most appealing to me is the combination of factors: The opportunity to meet people in a safe environment over topics that cut across some of the elitism that is often a subtext at certain business-oriented or strictly singles networking events, and the chance to explore the kind of apartment environment that is an increasing phenomenon in urban areas throughout the United States.

Anyone wanting further information on the forum can call 383-5750.

--Leslie Harlib

*Leslie Harlib is a freelance writer who lives in the neighborhood. Her work has appeared in the Bay Guardian and The Village Voice.*



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## Up and

## The Fillmore

by David Ish

Maybe YOU don't have a hard time believing this is the first anniversary of *The New Fillmore*, but I sure do, and I put it out every month. All you have to do is read it.

But it has been a year, and quite a year for the neighborhood. We saw the DoNut Shop, apparently doomed to extinction due to skyrocketing rents, hang in there, with a little help from our first article on the dynamics of the commerical rent economy. We also saw the opening of a major apartment complex, 2000 Post Street, and the arrival, at last, of cable television, to large portions of our neighborhood. Then Harry's opened. And we had our first real fall fair, a project I was grumpily skeptical about but which turned out to be very good and very well run indeed. Then we had a major film complex, the Kabuki 8, open, and found ourselves for the first time the host of The San Francisco Film Festival. And now, just a stone's throw from the Kabuki we have the opening of the Duquette Pavilion. (See page 5, as they say in the biz.) That's quite a lot of stuff to happen in one year, and if I didn't have a stack of old *New Fillmore's* around (I must confess I save them) I probably wouldn't realize just how fast the neighborhood has changed in such a short amount of time.

And there are more changes to come. The Tishman project, when it comes on stream with it's 1100 (my God yes 1100) units and 25 to 30 retail spaces running from Fillmore to Steiner and between Geary and O'Farrell to Ellis, will shift the center of gravity of the neighborhood southward and make for significant growth.

My own little home brew operation has also seen significant growth in the last year. Three months ago, in a fit of goodness knows what, I took it into my head to start a paper in the Marina called *The Marina* (one thing you have to say about the Marina is that there's nothing new about it). This month that paper will be 20 pages, along with *The New Fillmore's* 24, making a total of 44 pages I'm putting out in May, compared to 16 pages a year ago when I brought out the first issue of *The New Fillmore*. Since I am doing a lot of this at home on my MacIntosh computer, no one has seen much of me on the Street lately. except maybe carrying laundry to The Wash Palace in the bags under my eyes.

Despite all of the growth exhaustion, I've got to say it really has been a fun first year. And I want to thank all of you for letting me have it. I'm very indebted to my advertisers for taking a chance with me to see if a neighborhood paper would work for them. And I'm very indebted to my readers for reading the paper, and buying enough stuff from the stores that advertise with me for them to feel its worth their while to continue to advertise in the paper.

I started this whole venture, as only my most loyal readers will recall, for the simple reason that I had lived in the neighborhood for nearly 10 years and didn't really know anyone. Harking back to my newspapering days in in the interior of British Columbia for the three years prior to my moving to The Neighborhood, I remembered the sense of community created by the paper I edited there, and thought, why not here? A paper could be a way we could all get to know each other better, through news of our various goings on. And I think *The New Fillmore* has succeeded in doing that somewhat. I hope so. It is the sense of community that we have that will make us and keep us a strong and worthwhile neighborhood to live in, to recognize each other, and to be proud and happy we're all living here together.

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## Fillmore Food and Wine

by Ed Schwartz

### Sweets, don't desert me now

Patty cake, patty cake, baker's man  
Bake me a cake as fast as you can  
Roll it and pat it and mark it with a 'b'  
And put it in the oven for baby and me.

There is a tug of war going on in the business of serious eating. One is eat, drink and think light. Work your buns off at aerobics class. Get slim, take in your waistline and eat lettuce three times a day. You look great, but somewhere in that thin body of yours is a fat person who wants something G\*O\*O\*D.

Well, that's one way. My way is, once in a while, to let my sweet tooth send a message to my brain. The message is clear: "Today, eat no lunch, go directly to Delanghe Patisserie Francaise and have a wonderful dessert." Message received, end of message. So while you are breaking your buns in dance class, I'm breaking a fresh baked bun over a delicious cup of French roast coffee at Bush and Fillmore.

The owner of Delanghe is, not surprisingly, Dominique Delanghe; he is as French as un, deux, trois and well-schooled in the art of pastry. He was born in France in the Loire Valley and when he was sweet 16, began as an apprentice in a patisserie in the town of Nevers.

After this three year stint, he went to

Switzerland to learn the art of the chocolatier, and when he absorbed that fascinating business, took his first job in England as a pastry chef with the world-famous Roux brothers. They have a food empire in England, including half of the three-star restaurants in England - La Gavroche and The Waterside Inn. The patisserie staff not only supplied the several restaurants in the Roux domain, but also such food temples as Harrods.

Delanghe came to the United States and found his way to California where he worked for Delices de France and the haughty and superior La Bourgogne. Then on to Le Camembert in Mill Valley and, finally, to reality in becoming a New Fillmore-ite in 1983 with the opening of his eponymous shop.

Being a pastry chef chez Delanghe is no easy pickings. He starts his day at 4 a.m. in the out front kitchen, the heart of the store. After he bakes about 400 or so croissants and morning pastries, he goes to work on special orders, about 10 spectacular cakes and then turns to making about 150 to 200 assorted pastries.

On any given day, like the day I popped in for serious nibbling and interview, there were such treats as a blueberry clafouti, a custard and blueberry melange baked together; brioche pudding, fresh pear tart, lemon tart, passion fruit mousse topped with glazed kiwi and strawberry slices and a dynamite apple cake. (This really is a tough and dirty job but someone has to do it!)

Delanghe specializes in wedding cakes of all sizes and manner. He just did a small, heart-shaped wedding cake with ivory-colored icing, pink roses and white decorations. Or, if you have a lot of friends, a cake for 500 people will not daunt him. A wedding cake for that many

Continued on page 10

"Guitar music plays in the background while you feast on an excellent (and reasonably priced) dinner. This French restaurant, located at 2316 Polk, is the closest we could find to a romantic Parisian bistro." *Ruth Stein, "Most Romantic Places in the City," SF Chronicle, October 1979*

★★★★

"I've become a walking, talking advertisement for *Rue de Polk*." *Robin Collins, San Francisco Magazine 1976*

★★★★

"*Rue de Polk* restaurant is peaceful and dignified, much like an unpretentious neighborhood restaurant in Paris. The chef and owner is Mike Caldwell, a former New Yorker who makes everything from scratch." *Best Restaurants of San Francisco & Northern California 1979*

★★★★

"*Polk Street* for which this delightful restaurant is named is dotted with interesting eating establishments and *Rue de Polk* must certainly rank with the best of them. I base this judgment on the fact that the food, wine and service are uncommonly good." *Performing Arts 1979*

★★★★

"By holding the line on prices while maintaining quality, the owner/chef/manager Michael Caldwell has created a remarkable 'place to eat.'" *Little Restaurants of San Francisco 1978*

★★★★

"The mark of a truly fine restaurant is that one can return regularly to find the same standards of excellence. Our visit proves our earlier appraisal was correct. (*Rue de Polk*) is a superior place on all counts and a place a hungry diner can count on." *S.L. Chandler, Polk/Marina Merchant 1979*

★★★★

"I recommend *Rue de Polk*. The same thoughtfulness that's gone into setting the scene just right is evident in the cuisine as well." *California Magazine 1977*

★★★★

"*Rue de Polk* represents a busman's holiday — restaurant owner's eating-out restaurant." *Dining Out, SF Chronicle 1976*

★★★★

"You'll be pleased here, a lot of people are." *Underground Gourmet SF Examiner 1975*



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1555 Pacific (near Polk) • San Francisco, CA 94109  
For reservations call 441-3548 • Open daily 5 pm-10 pm


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5:30 to 10:30 Tues.-Thurs.  
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5-10 pm Mon. Sat. (Table service.)  
Bring in this ad and receive a complimentary ice cold corona or Chardonnay



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## DUQUETTE

From page 5

opportunity to get in touch with their own creativity and saving as many as possible from the inevitable personal extinction that comes from being a couch potato in front of the secular altar of television. Volunteers came from the Town School on Jackson Street to help on the project, and perhaps discover their own creativity in the process. "I know I won't get them all," he said, referring to how many might be truly inspired to strike out on highly creative careers. "But if I can reach two or three out of a hundred, that's who want to reach."

On-going community involvement is something the Duquette Foundation plans for the future. Two rooms on the ground floor are available for community meetings and exhibitions on an appropriate basis, and the upstairs area has already been booked for several events.

Aesthetic values and personal tastes being what they are, not everyone will walk away being impressed and inspired by the Duquette Pavilion. Some will leave still preferring to draw their inspiration from Blake rather than Bradbury, and Bach rather than Alpert. And some may find Duquette's sense of scale overpowering rather than empowering. But

when one looks behind the veil of form into the realm of spirit, one finds in the Duquette Pavilion a great heart of substance, openness, inclusiveness, power, and intention.

—David Ish

## SWEETS

From page 9

will be in about six layers with a base of cake about 24 inches across. Figure about \$2.00 per person, which isn't bad at all.

The neighborhood likes fresh fruit tarts, mousses and goodies made with fruits of the season. But listen, if you really want a dessert that you will REMEMBER take this tip. Buy a princess cake and give it to your sweetie. This cake has its origins in Sweden and, for that, you get the most seductive thing ever wrought by man or woman. It is a heavenly bit of business, built on two layers of genoise, raspberry jam, pastry cream and domed with a celadon green marzipan top. If that won't put a smile on your face you are in worse shape than I thought.

Delanghe, New Fillmore's answer to "Fit For Life", is open 7 a.m. to 6 p.m., Tuesday through Friday, Saturdays from 8 a.m. to 6 p.m. and Sundays from 8 a.m. to 2 p.m. If there's a special party, celebration or feast, M. Delanghe will be pleased to make your dreams into edible fantasies. We're talking good here.

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ST. ROSE

From page 3

St. Rose Academy currently offers a four-year program with departments of English, mathematics, science, religious studies, social science and language. And Latin is still being taught for four years.

The school's sports program is among the best of girls' schools in the Bay Area, having produced championship volleyball and basketball teams, and tennis players who have won top honors in their leagues.

St. Rose Academy became girls only in 1920, and discontinued its elementary school in 1926. The school continued as a boarding school until the late 50's, at which time it also discontinued its junior high school. The current uniform - tan herringbone skirt and jacket with white blouse and brown tie - has withstood fashion trends since its inauguration in 1930. Shoes, however, have stepped away from regulation oxfords to the likes of Topsiders and penny loafers.

Enrollment is approximately 325, and students represent the city's racial and cultural make-up. 100% of the graduates continue on to further education.

St. Dominics has May Fair

St. Dominic's Spring Festival is already underway, and will run through Sunday, May 3.

The annual festival, which runs from 2 pm to 8 pm Saturday May 2 and 8:45 am to 2 pm Sunday afternoon, features game booths, a fishpond, face-painting, and lots of carnival food. Located in the St. Dominic school between Steiner and Pierce on Bush, the festival will have stuffed toys to be won by kids and raffles for adults. All proceeds will go to the benefit of the St. Dominics School in its fund-raising drive to continue serving children of inner city families.

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<p><b>DELI</b></p> <p>Sandwiches Home Made Specialties</p> <p>Our famous roasted turkey • BBQ Ribs • Chicken</p> <p>Beef Bologna \$2.29 lb</p> <p>Sonoma Jack Cheese \$2.79 lb</p> <p>Italian Fontanella \$3.99 lb.</p> <p>Potato-Egg Salad \$1.29</p>	<p><b>MEAT • FISH • POULTRY CUT TO ORDER</b></p> <p>Whole Chicken Breast.....\$1.99 lb Red Snapper..... 2.99 lb Rock Cod..... 2.89 lb Center cut Pork Chops..... 2.99 lb</p> <p><b>GROCERIES</b></p> <p>Contadina Tomato Sauce 6 oz..... 4/\$1 Snows New England Clam Chowder 15 oz..... \$1.39 Carnation Coffee Mate 22 oz.....\$2.69 Lipton Onion Soup Recipe 2.5oz.....\$1.09</p> <p>San Francisco's Award Winning Fresh Pasta</p> <p><b>Fettuccine</b> Bros.</p> <p><b>\$1.59</b> Noodles</p> <p>9 oz package</p>	<p><b>LIQUOR &amp; FINE WINES</b></p> <p>1.5 Folonari Soave <b>\$3.85</b></p> <p>Glen Ellen Cabernet Sauvignon and Chardonnay 750ml <b>2/\$7</b></p> <p>Cutty Sark Scotch 750ml.... <b>\$9.99</b></p> <p>Royal Gate Vodka 80 proof, Liter... <b>\$5.29</b></p>
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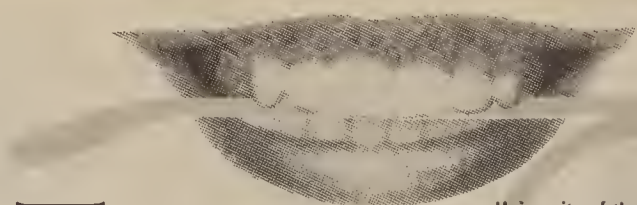
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The clinic is open 9 am - 12 pm,  
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You can stop by between 10 am  
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coordinators, and we will provide a  
comprehensive dental check-up at  
no charge. It's about time to catch a  
smile... summer's almost here.





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THE NEW  
FILLMORE:  
*After a  
Fashion*

by Kathi  
Wheater

What do you wear when faced with these changes? After dressing carefully for a fog-drenched morning, you find the noon hour hot and cloying, but by the time work ends your evening's iced down. How do you store your really heavy December-into-March woolens and coats? What fabrics and colors should get the most wear now? Well, I just happen to have found out...

inside out, cuffs down, and collars up to expose all parts of the natural fiber garments. Although man-made fabrics do not attract moths, certain types of soil actually do, and garments will be affected if they are not cleaned before storage.

Furs have been traditionally kept in cold storage during their off-season; imitation furs should be dry-cleaned then covered and hung. When items are to be stored for more than a season, it appears that an electric light burning in a closet, or a dish of calcium chloride in an open container help to reduce

## Transitions

Even in San Francisco, May is seen as a somewhat transitional month. The climate changes abruptly, rain drops after you've stopped expecting it, and cold wind-chilled evenings push aside the balmy afternoons.

For off-season storage, all clothes (and woolens especially) should be protected. Wash or dry-clean before storing because soiled areas are quickly attacked by moths or home carpet beetles. Clothing should be aired, sunned and brushed, pockets turned

Continued on page 15

## The Best of Everything

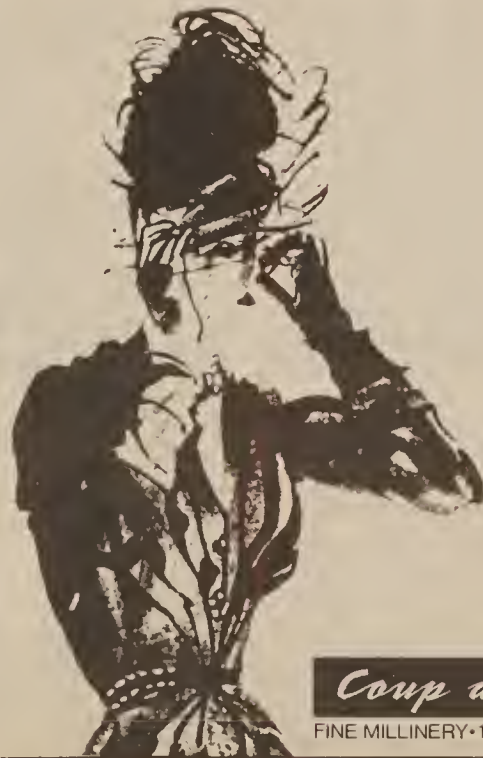
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## Looking Good

by  
Elana  
Laub

### The eyes have it

Your smiling eyes could win over Attila the Hun or shoot daggers at him, if need be. They are also surrounded by the most delicate skin on your face. The eye area has thinner tissue and fewer oil glands and muscles than any other part of your face, and is more likely to get dry and/or puffy.

The eye area is also the first place we show our age - wrinkles, laugh lines, etc. It happens to all of us - some earlier than others, due to choosing the wrong parents or because we don't take proper care of the eye area before it's too late.

There are many ways to counteract the aging effect. First and foremost, you must always be very, very gentle with the eye area. I recommend using your ring finger (which is the weakest) whenever applying creams or makeup. You must try never to pull or stretch this area, and rubbing the eye area is a definite "no-no".

When removing your eye make-up, choose a delicate remover made especially for the eye area. I do not suggest that you use soap because it can be too drying. I prefer using a non-oily remover because it does not leave a film on the eye. City Lites makes "Chamomile Eye Make-up Remover" which is extremely gentle; since it is oil-free, there is no greasy film

and no waiting to apply fresh make-up. It is fragrance-free and gentle enough to protect and care for the delicate eye area. It is one of our best sellers - even for contact lens wearers.


"Andrea Eye-Q's" have long been the most popular eye make-up remover pads - they have finally come out with 100% oil-free eye make-up remover pads. They are easy to use - close the eye and simply stroke the pad gently downward on the lid to the lash. Repeat until all the make-up disappears and then rinse with water. And - very important - apply your moisturizer while your skin is still damp (what moisturizer actually does is to seal in the moisture that you've left on your skin).

It is best to use a moisturizer that is made specifically for the eye area. Again, use your ring finger to apply. Dr. Renaud makes "Eye Contour Cream", a fragrance-free cream with a light, non-greasy texture especially adapted for the delicate skin around the eyes. Wonderful to use before bed, it helps combat the formation of dryness lines. City Lites makes

"Hyaluronic Eye Cream" which is also fragrance-free. It is a lightweight cream to moisturize day or night, alone or under eye make-up.

As we age, we seem to have more trouble with puffy eyes. Sometimes this is from using a too-heavy face cream around the eyes (another good reason to find the proper eye cream). Other reasons include too little or too much sleep, sinus problems, allergies, water retention or heredity. If the puffiness seems serious, check with your doctor - it could be caused by a health problem. If there is no medical problem for the puffiness, there are some methods you can try to alleviate it. You might want to elevate your head slightly while sleeping by putting 2 to 4 inch blocks under the head of your bed. Cut way back on your salt and sugar intake - both hold water. Experiment with different creams - you might want to stay away from creams with Vitamin E, which may cause puffiness in some people.

Eye masks are terrific for reducing puffiness,  
Continued on page 21




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Love,

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## "People can't believe I'm over 70."

"Dr. David Grekin filled in the wrinkles on my face, giving me a smoother, younger look.

"He used a new technique called micro lipo-transplantation (fat transferring), where fat is taken from other parts of the body and transplanted into the face. Deep wrinkles and lines that were previously difficult to treat can now be easily removed.

"For the fine, superficial wrinkles, he used collagen injections.

"I'm thrilled with the results."

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*Dr. Grekin is a Diplomate of the American Board of Dermatology and a member of the American Society of Lipo-suction Surgery.*

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**GREKIN**



## FASHION TRANSITIONS

From page 13

moisture--in this town, moisture during storage can ruin more clothes than any real problem with moths.

Unless you spend your summer in the towns surrounding San Francisco, most city clothes seem to work year 'round. But those San Francisco summer jokes are old, the fog is cold, and when we're not enshrouded in low-flying clouds, we are sweating in our turtleneck or pleated pants or shirt and sweater.

Obviously, layers work. But fiber content awareness will most reasonably prepare you best. Ever-breathable cotton comes in fine-gauge gossamer weights, but you'll also find cotton in strong medium-weight knits, sturdy canvas or nubby woven blends. Linens come in somewhat the same range of textures and fabric weights, and if you layer either of these two fabrics, you'll breathe lightly in the sun and gain warmth in the wind. Wearing clothing of various weaves lets differing amounts of air through, and all natural fibers breathe. Silk, unless it's raw woven, tends to be light and best suited for straightforward warmer weather, not the fog changes and air-conditioned chill factors you'll find here.

Most natural fabrics found this Spring tend to come toned in neutrals. In March, this column highlighted the return of white-on-white dressing and accessorizing; other Spring into Summer trends seem to be taking off in the direction of American nautical and American denim. If true blue's not you, check into the wardrobe move towards neutrals--khaki, olive, beige and tan-- accented with the kick of pigment-dyed jungle print brights. It's urban safari, sure, but the blend of colors and tones and fabric is seasonless, citified, and the more rugged apparel takes off with you on vacations to anywhere.

Zoe really carries through on the city-style side of sophisticated urban safari. They carry Vittadini's line of deep olive toned blouses; black, khaki and white abstract camouflage cotton sweaters; with matching skirts and pants. Look for soft suede slippers with rubber-bottomed walking soles in black or olive. Much of Zoe's jewelry collection is silver and blue-toned weathered copper or bronze, very natural in feeling and right with this

Continued on page 22

# UNION STREET SPRING FESTIVAL ARTS & CRAFTS FAIR

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Dental school courts neighborhood with evening hours.



A neighborhood patient walks out of the University of Pacific Dental School clinic at Sacramento and Webster into daylight saving time during the clinic's new evening hours. The clinic, which offers low cost dental care because it is a learning institution, has recently taken to being open from 5:30 to 8:30p.m. in a bid to be more accessible to neighborhood residents who need dental care but whom might work downtown or be otherwise out of the neighborhood during the day.

The University of the Pacific Dental School has extended its hours into the evening to make itself more accessible and convenient to neighborhood residents seeking low cost dental care who may be downtown or elsewhere during the day.

Regular clinic hours are 9 a.m. to 12 noon, 1 p.m. to 5 p.m., Monday through Friday, with evening hours offered every Monday from 5:30 to 8:30. "Evening appointments are a real boon for many of our patients who work full-time," says Dianne Marsh, patient care coordinator.

Located at the corner of Sacramento and Webster Streets, the nine-story facility is both a teaching university for dental students pursuing the doctor of dental surgery degree and a clinic open to the public. The clinic accepts most forms of private dental insurance and Denti-Cal.

Neighborhood residents interested in visiting the UOP clinic should keep in mind the fact that no appointment is necessary for an initial screening. These screenings are held on a first-come first-served basis at 9:00 a.m. and again at 2:00 p.m. Monday through Friday. Upon arriving at the clinic, patients are met by a patient care coordinator and will have the opportunity to sit down and discuss their dental needs and the services offered by the university. Following the subsequent evaluation, performed by a student doctor under the supervision of a faculty member, patients are given a clear explanation of their dental health, the recommended treatment, estimated costs, and the approximate length of time the dental treatment will take.

In addition to routine dental care the clinic also offers specialty care services including pediatric care for children 3 to 15, orthodonture, oral surgery and medicine, and facial pain.

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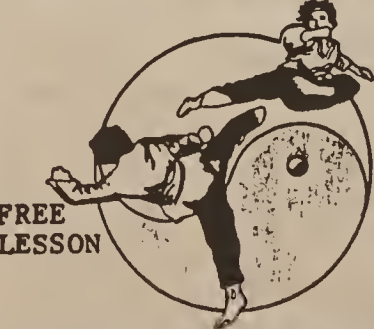
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## Putting Nutrition First

by  
Dr. Richard Kunin

### The beauty of health

Unblemished skin, pink cheeks, clear eyes, a bright smile without gaps due to lost teeth, strong hair and a body that is "in shape", that moves with energy and vitality: all these things taken together make up much of what we consider physical beauty. All these qualities reflect body parts in good working condition, i.e., healthy. Beauty is health. Health is beauty.

Poets view as poetry and artists as art that which doctors view as science, the science of cells. Cells are the basic unit of life and molecules are the basic units of cells. Life chemistry, biochemistry, is the study of the relationships of the molecules of life. Where does nutrition fit in this microscopic world? Right at the center for nutrition is life chemistry at its source. Nutrients are the supply of

molecules required by the cells for life, for health - and for beauty.

Health is ultimately determined on a microscopic level: healthy cells make healthy tissue, healthy skin, healthy hair, strong nails and all the other physical attributes that we call beauty. Victims of starvation and malnutrition rarely, if ever, would qualify to be Ms. or Mr. Universe. Only in the fantasy world of cinema and fashion photography do we find some favor of under-nutrition. Skinny models look good in the two-dimensional world of photography; better than in real life.

The first requisite of health is calories: enough protein, fat and carbohydrate energy to prevent self-cannibalization and emaciation but not such a plethora of food as to cause obesity. Of course, both of these conditions are quite common right here among us, despite the

advances of civilization - or because of them.

Deficiency of micro-nutrients, the vitamins and minerals necessary to health and beauty, is also quite common. Health surveys of the American population indicate widespread shortages of specific nutrients: folic acid, B6, zinc, iron, magnesium and even vitamin A, a vitamin that is stored in the body and therefore believed to resist deficiency.

Essential fatty acids of the omega-3 type are more likely deficient than any other nutrients, simply because they are only recently being taken seriously and regarded as "essential". Since these fatty acids are easily oxidized, they either disappear from foods in storage or in cooking, or are removed by food technology to prevent rancidity.

Continued on page 18

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## HILLHAVEN



From page 17

Small pimples are commonly called whiteheads. A blackhead is made of the same stuff, sebum, in an enlarged sebaceous duct or pore. The sebum oxidizes and darkens in color as it accumulates, especially in the enlarged pore of previously damaged skin. A number of treatments using scrubbing techniques and even chemical peels have been used for this condition. I find that a few applications of potassium iodide are better in every way although this is on prescription and should be used under a doctor's supervision.

The medical literature abounds with reports that a wide variety of skin disorders improve upon treatment with therapeutic doses of vitamin A. Recently, Accutane, a synthetic form of vitamin A has become particularly popular. It is very effective against acne and other skin disorders, and is also effective as a peel in reducing

wrinkles in aging skin. However, Accutane or Retin-A also causes some unpleasant effects, such as chapped or cracked lips, peeling skin and headache, and if taken during pregnancy, it can cause birth defects.

Natural vitamin A can also cause these adverse symptoms, but this is much less likely at the doses commonly used. Therefore I prefer to start treatment with natural vitamin A and reserve the synthetics for resistant cases. Numerous studies of vitamin A treatment indicate significant benefits in acne, ichthyosis, eczema, psoriasis, pityriasis rubra pilaris, and other skin disorders. Doses up to 300,000 units per day have been used safely for short periods of time but, naturally, this should be supervised by a physician who has experience in clinical observation and laboratory testing to assure optimal treatment doses.

Medical research reports indicate that approximately a third of cases of adolescent acne respond significantly to vitamin A. My own observations indicate well over 70 percent recovery from acne when vitamin A, zinc and specific nutrient support and allergy elimination are combined. I think it is sensible to think of vitamin A supplementation in almost every skin disorder early on.

Leathery elbows and flaky scalp dandruff are as unsightly as they are common. Both are likely to improve visibly within a week of taking a daily tablespoonful of linseed oil or a teaspoonful of cod liver oil. Not surprisingly, I find better results in my patients who also take vitamin E, which is required in extra amounts to protect against oxidation of these very sensitive fatty

acids within the body.


The omega-3 type fatty acids are evidently as important as vitamin A when it comes to beautiful, healthy skin. These very light weight unsaturated oils are found in cold climate oils, such as linseed and walnut oil, and also in fish oils. Do not confuse them with other oils. They are not interchangeable with corn, peanut, safflower, sunflower, sesame, soy or olive oil, which are omega-6 type fatty acid sources.

Deficiency of either type of fatty acid can cause oily scalp, dry, scaly skin and eczema. However, omega-6 oils are currently in common use and therefore rarely deficient. The omega-3 oils are scarce. Comparison of our present food sources and dietary habits with those of a century ago shows that we have lost about 80 percent of our dietary omega-3 fatty acids.

You are probably deficient! A simple test may convince you: take 1 tablespoonful of linseed oil or 1 teaspoonful of cod liver oil every day for two weeks. If you dislike the flavor, take a lemon juice chaser. Be sure to refrigerate these oils. Benefits are usually apparent within a week; however, the full impact of these essential fatty acids can take as long as three to six months to develop.

If you do try this, drop me a line about the results. Just send your remarks to the New Fillmore.

*Dr. Kunin is a doctor of nutritional medicine who has his practice here in the neighborhood. He is also the author of two important books on nutrition: Meganutrition, and Meganutrition for women.*


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## The Interior Life

by  
J. D.  
Dangerfield

### Textbook textiles

Through the "not-so-always gentle" prodding of my friends, my own personal design style has grown much richer and considerably more fluid, as a consequence of accessing and utilizing more and more textiles not only in my home, but at my shop as well.

You and I know the real beauty and value of supple yardage and heaving bolts of lush weave and long patterns of Persian rugs, but,

today, more than ever, these fine textiles are imperative to include as an asset to good and comfortable living. Straight, clean lines are marvelous with wonderfully colored and knotted and tied and woven pieces. Previous generations recognized the intrinsic value, for instance, of one such commodity - lace (one of my passions!). Reserved exclusively for the well-heeled nobility, lace was commissioned, hoarded and left to slumber under lock and key, much like the goose that laid the golden egg. Lacemakers became very rapidly a coveted breed of artisan and frequently accompanied the courtly jet-setters at matters of daily routine and, naturally, for occasions of social and, often, historical significance. It was only through a string of economic tumblings that lace gradually wove its way into the home of the common folk.

Continued on page 20

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## TEXTILES

From page 9

Lace, linens, fabrics and a smorgasbord of other exciting textiles are in abundance in the Bay Area. San Francisco is very fortunate as it enjoys a certain resplendence of such pieces. For country living, Heartland, on Fillmore Street at Sutter, is a mecca of fabulous quilts and other woven goods. These textiles add a wonderful splash of color and texture to the beauty of a room. Another neighborhood resource is found in Susan Howell Textiles, also on Fillmore Street. Susan has dedicated herself to compiling tapestries, oriental rugs, embroideries and other beautiful pieces, in addition to the fine care of these treasures. Le Temps Perdu, located on Divisadero at Pine Street, affords a lovely and unique collection of laces, silks, antique pillows and kilims and more, that adorn and complement even the most contemporary of taste and design. Whatever your preference (antique, ethnic, homespun), you are certain to find whatever the textile you

are seeking right here in your own neighborhood. If you are looking for more information regarding textiles in advance of making a purchase, I suggest that you contact a dealer near you or, perhaps, take a trip to the library.

Textiles are important, additionally, because they add immeasurable warmth and tactile elements to a home or office. With straight, hard-edged styles, the incorporation of textiles can flesh-out a room beautifully. As multifaceted as are our own personal design statements, so too should be the media with which we create our overall design. The scales of design balance should not be tipped in favor of an isolated upholstered divan or chair, but rather execute a fair exchange of interesting and compatible pattern, hue and texture. In this way, you can allow your eye to realize the beauty which only once was enjoyed by your sense of touch. Design, therefore, is a compilation of every human sense and can best be executed only through the thoughtful

Continued on page 21

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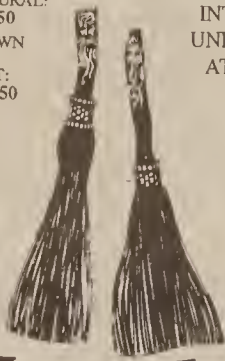


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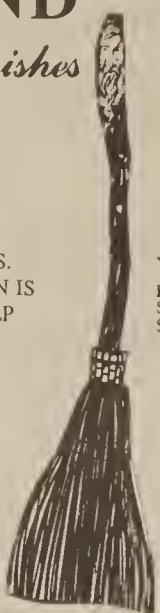


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## TEXTILES

From page 20

and reflective understanding of ourselves.

Before I am accused of Leo Bascagliaing this article to a pitch not properly fitting an interior design column, I will close by suggesting that you seriously re-evaluate the textile situation in your own home or office and, if upon your investigation you find that your ensemble is somewhat lacking, you entertain the idea of experimenting with a piece . . . or two. Find out what is available as well as what you like and take the plunge. The goods are available, the history and background accessible and the expert resources amenable.

## LOOKING GOOD

From page 14

plus other benefits. "Hot/Cold Beauty Mask" can be used hot or cold and provides quick relief for puffiness, headaches, sinus, fatigue, tension and even hangovers! Tea bags are an old-time remedy that actually works - wet the bags, squeeze out the

excess water and relax with them on your closed eyelids. It's the tannic acid in the tea that seems to provide the soothing effect (so forget the herbal teas for this - good old Orange Pekoe should do)

When you need a quick pick-me-up and an instant face and eye lift, try "Coup d'etat". This is an instant facial masque which comes in two little vials and which lasts up to 12 hours. While most masques are not for the eye area, this one can be used there.

Lastly, protect your eyes! Always use a S.P.F. 15 sunblock made for the eye area and wear sunglasses when you're out in the sun. None of the above will change Mother Nature, but maybe we can slow her down a bit!

All of the products recommend in "Looking Good" are available at all BEAUTY STORE locations (Fillmore Street and 3 others). If you have any questions come by and our experts will point you in the right direction!

"Looking Good" appears monthly in *The New Fillmore*. Elana Laub is co-owner and vice president of BEAUTYSTORE.



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# Pacific Heights walking tour offered by Friends of Library

An extensive look at a broad variety of Pacific Heights mansions is being offered this month by City Guides, a group of people who volunteer their services to The Friends of the San Francisco Public Library in order to engage residents and vistors with the history and heritage of our neighborhoods.

## FASHION TRANSITION

From page 15

look.For tailored, classic work-clothes and suitings, move your urban safari to Mansfield's. Beige and black linen suits by *Finity* have square, clean-lined jackets matched to lightweight multi-pleated skirts. A khaki and white flowered dress with white embroidered collar is highly detailed, with darts and a set-in waistline in a 'forties silhouette. Mansfield's socks and pantyhose work well in this genre, and their whimsical animal necklaces plus leather or metal belts accessorize, too.

Go to **Khyber Crossing** for "Out of Africa" retro elegance. They are always stocked with *Ralph Lauren* and *British Khaki* for upperclass sportswear--lightweight white linen or khaki campshirts, straight or pleated khaki walking skirts with or without back slits, plus straw hats galore. And to digress...oh, their dresses. Closet romantics, step out of yours and into theirs to bring home one of those dresses--some are styled in true 'twenties fashion, with dropped waists and petal hems, even old-fashioned handworked embroidery or lace overlays are present. The fabrics are cotton and linen and silk and rayon in fine weaves that melt onto summer skin. This is really feminine dressing that never sidles into frou-frou; every dress is fanciful, fantastical and elegant all at once. And with that, this fashion communique comes to a close...

Two of the annual May Neighborhood Walks take place in our neighborhood—A Pacific Heights Mansion Walk that takes in much of the New Fillmore neighborhood, and a Pacific Heights Victorian walk that concentrates on many of the unique Victorians surrounding Lafayette Park.

Homes featured in the walks will include some of those presented by Anne Bloomfield in previous issues of *The New Fillmore*.

The mansion walk tour will include interiors of the Japanese and German Embassies prior to World War II. A special interior view of the Whittier Mansion is also offered for those who wish a little extra.

The MansionTours will be given on Saturday May 2 and 9, from 11:30 a.m. to 1:30 p.m., and will assemble at the top of the grand staircase of Alta Plaza Park, at Pierce and Clay Streets.

The Victorian Tours will be given on Saturdays and Sundays at 2:00 pm during the entire month of May, and will assemble at the corner of Bush and Octavia in front of the Cathedral Hill Medical Building. The walk will include bits and pieces of Victoriana history on the residents of the many Victorians in the Lafayette Park area.

The tours are free, and are sponsred by The Friends of the San Francisco Library and the Jewitt Foundation.



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# Great Old Houses #13



1900 Webster is an Italianate in mint condition.

The house at 1900 Webster Street stands out because it's white and on a corner. If you're coming north on Webster or stop for the light on Pine, you may wonder about the filled-in window shapes. Were there really once windows there, or is what you see simply the decoration of an otherwise blank wall?

A careful look and a thought to the inside arrangements give the answer. The moldings in the "window" spaces match the house and its proportions too well to be anything but original. The inner side of the wall they adorn must be the parlor and master bedroom walls, and the Victorians seemed to like dark parlors - the furniture wouldn't fade, a blank wall simplified furniture arranging, and plenty of light comes through the bay window on Webster Street.

Besides, for this house the original plans do exist, in ink on linen sized to shininess. Yes, the pretend windows are original.

The architect of this fantasy was Bernhardt E. Henriksen, born in San Francisco in 1851 and trained by the city's first French architect, Prosper Huerne. Henriksen's work is virtually unknown: three Eastlake cottages in Alameda, a pair on Guerrero, and, in partnership with Mahoney, a couple of firehouses and a round-bay affair at Fillmore and Grove. In 1886 he was secretary of the city's brand-new chapter of the American Institute of Architects. However undistinguished his output, Henriksen here produced a good design, worth every penny of the \$280 he received for it. The building contractor signed for \$8,300, a sum indicating luxury well above average for its era, 1884. At that date the Italianate design would have been thought conservative or even old-fashioned.

The original owner was Pierre or Peter B. Berges, until 1882 the part-owner of Miner's Restaurant, which was prosperous enough in 1875 to have its stock and furnishings assessed at \$2,000. By the time he moved into this house, Berges was a wholesale wine

and liquor merchant. After the 1906 fire, he seems to have retired, and he died about 1910. Berges was a Frenchman (a possible tie to Henriksen's mentor Huerne), born in 1840, who came to the U.S.A. in 1869. The 1900 census records that he had a French wife, three sons and a daughter. Including the two grown sons, they all lived in this house, along with a French servant.

His descendants still live in the house, and occasionally one sees an Asian servant, white-jacketed and elderly, sweeping the front steps or otherwise at work. The one-family ownership is most unusual for a house now 103 years old, and it helps explain how the building came to be so well cared for and so intact, even down to its old cast- and wrought-iron fence.

—Anne Bloomfield

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